

Therapy Indicators

- Increase in caregiver assist to perform activities of daily living
- Falls
- Complain of Pain and Stiffness
- Generalize weakness
- Unsteady gait (furniture walking)
- Difficulty with stairs
- Poor balance
- Easily tired, poor endurance
- Difficulty with self-feeding, spilling food while eating, tremors while holding utensils
- Difficulty with grooming (including hand washing, combing hair, shaving, etc.)
- Difficulty with fine motor skills like buttoning, zipping, opening containers, fastening belts, gripping pen, utensils, etc.
- Difficulty with dressing, bathing and toileting
- Difficulty with organizing closet, bed making, laundry, money management, setting up the dining table, use of microwave, etc.
- Difficulty getting out of bed, getting up from sitting position to standing, assist for transferring from wheelchair<->chair/couch/commode/shower chair/car transfers
- Poor seating and positioning in a wheelchair
- Difficulty propelling/maneuvering wheelchair
- Contractures, need for splinting and orthotic fitting
- Home modification to enhance safety
- Need for assistive device or assistive technology
- Edema management
- Self-stimulating behavior like flapping hands, constant humming, body rocking, putting hands on their ears, screaming, hitting self, rubbing hands against texture
- Coughing while eating and drinking
- Pocketing food
- Difficulty communicating basic needs and wants
- Poor safety